

The Hibuki Project

The Hibuki Therapy Project supports the recovery and mental health of children impacted by war trauma in Ukraine.

It is sponsored by United Help Ukraine, a charitable non-profit 501(c)(3) organization, in partnership with mental health professionals from Ukraine and Israel.



Hibuki was developed in Israel and means “Open Embrace” in Hebrew. This intervention has since helped children across the globe to cope with traumatic events.

How does Hibuki Work?

Hibuki looks like a toy dog, but it is so much more! It is specifically designed to bring comfort and provide a sense of emotional and physical safety.

Children first meet Hibuki with the help of a properly trained therapist. Through play, art, or dialogue, Hibuki allows children to share what they have experienced and to begin to cope in the aftermath of traumatic events. Hibuki becomes a trusted friend who the children get to keep and care for, as they continue their journey towards healing.



All Hibuki toys and related therapeutic supports are provided free of charge and are currently being disseminated across Ukraine and in countries of relocation. The mission of the project is to ensure that all Ukrainian children who have witnessed the horrors of war receive the psychological help and benefits of Hibuki.

