

Apart of Me: A Safer Place for Children of Ukraine

Since Russia launched its full-scale invasion of Ukraine in February, the need for psychological support has grown exponentially. There are around 7.5 million children in Ukraine, although now over two-thirds have been displaced. Many have experienced things that we all wish and pray our children will never go through.

Apart of Me is using its expertise in creating engaging, accessible psychological interventions for children who have experienced loss and trauma, to develop A Safer Place. This digital sanctuary will help parents gently guide their children through this conflict, building on their innate resilience. The seeds of this project were sown a year ago when Larisa Rybyk, PhD, President of the Ukraine International Association of Psychologists for Grief and Severe Loss, contacted Apart of Me's co-founder Louis Weinstock working with childhood loss.

